



# BOTTLE FEEDING BASICS



Whether your husband is giving a bottle so you can catch up on sleep or run to the gym, or you are planning to pump and bottle feed, or you are transitioning from breast to bottle, BPA-free bottles are a must.



## Bottles

Chose from one of our BPA-free bottles. All are “wide-neck” which should help your baby transition back and forth from breast to bottle.



## Dishwasher Basket

Most pumping and bottle pieces are top-shelf safe. Save time washing your bottle parts with a dishwashing basket.



## Bottle Nipples

Nipple level, which determines flow, will change as your baby grows. Level 1 nipples are best for babies zero to three months; Level 2 nipples are best for babies three to six months; and Level 3 nipples are best for babies six months and older.



## Medela Quick Clean Soap

Removes stubborn breastmilk residue up to three days old. This no-scrub soap is safe and hypoallergenic with no added fragrance or taste that might discourage baby from breastfeeding.

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