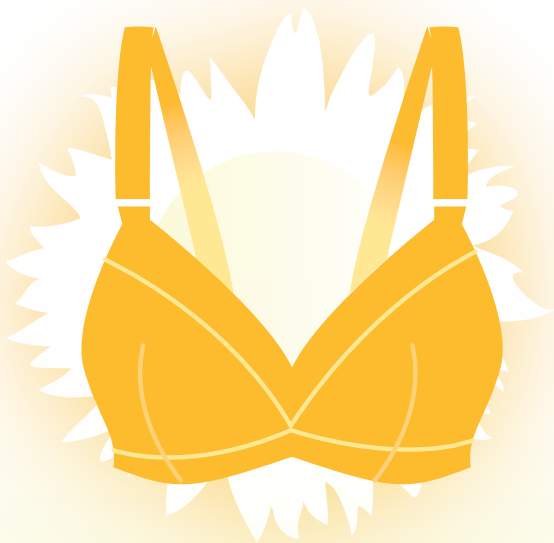




BRASSENTIALS



As a general rule of thumb, you'll want at least three nursing bras: one in the laundry, one in the drawer and one on you.

THE RIGHT FIT WILL KEEP YOU COMFORTABLE AND LOOKING GREAT!

Ask a Yummy Mummy bra-fitting specialist to help you find the bras that are right for you.

We recommend you purchase:



At least 1 sleep bra for maximum nighttime comfort



At least 2 support bras for everyday wear

Best to stop in about 3-4 weeks before your due date to get fitted.

But if your bra is feeling a bit snug before that,
consider getting a nursing bra early.
You can wear it through the rest of your
pregnancy and your time nursing.

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